

THE MONTESSORI GARDEN, INC.
General Permission and Nap/Rest Agreement

Child's Name: _____

DOB: _____

Parent or Guardian Name: _____

Contact #: _____

GENERAL PERMISSION

(Initial)

1. To arrange for medical treatment/intervention for my child in the case of an emergency by calling 911.	
2. To use photographs, video, film etc. of my child (no names included) for publication in school brochure, web page and other forms of publicity.	
3. To take my child outdoors and on class walks during the school year.	
4. To apply the following if/when my child does not have available, sunscreen (Children's Coppertone or Aveeno spf 30 or higher), OFF Bug Spray, and antibacterial cream (Bacitracin or Neosporin).	

_____ **I do** give my child permission to nap in the program. I understand that my child, while under the care of his/her teachers will be napping on a cot. I also understand that if my child is not able to nap, he/she will not be forced to rest for long periods of time and space will be provided for quiet play.

_____ **I do not** give my child permission to nap in the program or my child does not nap and will participate in a quiet activity during the nap period

(Please select one of the below)

_____ If my child is unusually tired, appears unwell or falls asleep, please allow my child to nap if he/she usually does not.

_____ If another arrangement is needed, please state here: _____

We believe that preschool children greatly benefit from a daily rest or nap period during their busy school day. We call it "re-charging your batteries." Learning how to relax your body and enjoy it in this high paced world is a life skill that plays a part in our overall health. New regulations require that we have written agreement for each child regarding nap arrangements. Please note that this agreement can be amended, by the parent(s) only, at any time to accommodate the child's changing needs.

Children enrolled in the full day and extended day programs will have the opportunity to rest quietly or nap after their lunch for approximately *one hour*. Rest time is provided in the child's own classroom during which time the blinds/curtains are drawn, the lights are dimmed, and soft music or audible stories are played in the background. Teachers are available to assist as needed. Each child is provided with their own rest cot for the school year and it is sanitized on a weekly basis. Children should bring bedding i.e., small fitted sheet, a blanket or bedroll. These items will be sent home weekly or when soiled for laundering. Plush friends are welcome at this time.

We ask that all students sit or rest quietly, on their cot, for a little while as the classroom staff helps the children who do need a nap get settled. After a short period, non-napping children may find quiet classroom activities to do while their peers continue to nap.

Parent Signature: _____

Date: _____

Program Representative Signature: _____

Date: _____